

The most important thing we can give our **children** and give them for life is ourselves.

Lively, inspired, multi-skilled **fathers** who are and remain curious about life!



Cooperation partner:



Bundesministerium
für Familie, Senioren, Frauen
und Jugend

Bundesinitiative
Frühe Hilfen



donum *vita*e
beraten - schützen - weiter helfen

GÖTT UND DIE WELT
kbs
Katholische Bildungsstätte
für Erwachsenen- und Familienbildung
Dortmund


eBDo
Evangelisches Bildungswerk
Dortmund


Deutscher
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Dortmund e.V.
Die Lobby für Kinder

Familientreff
Mütterzentrum
Dortmund e.V.


Municipal
Integration Center
Dortmund

GrünBau


FABIDO

FAMILIEN-
PROJEKT
DORTMUND

Stadt Dortmund



Publisher: City of Dortmund Editor:
Pilar Wulff (responsible)

Photos: FABIDO TEK Humboldtstraße - Ulrike Seifert (cover left) Halfpoint/Shutterstock.com (cover right),
Olesia Bilkei/Shutterstock.com (inside left), GO/Shutterstock.com (inside right), Simon Dannhauer/Shutterstock.com (back) Design,
print: Dortmund-Agentur - 01/2017



Active Fathers

OFFERS and

for Dortmund fathers
with and without their
children

Stadt Dortmund





How much father needs a child?

The relationship between children and their fathers is also important for child development. In order to strengthen fathers in their role, we offer a variety of activities in Dortmund that allow them to exchange ideas with each other, but also to experience exciting adventures with their children.

On the inside pages, you will find regular offers such as informal get-togethers, father/child groups, dialog seminars and father preparation courses that are specifically aimed at fathers.

Furthermore, actions are offered that take place once. You can find these in the insert.

For more information, please visit the following website:

www.vaeter-in-dortmund.de

Do you have ideas for further offers and suggestions for our work? Please feel free to contact us:

info@vaeter-in-dortmund.de

Further offers for fathers and children can be found in the programs of the Protestant and Catholic educational centers:

www.familienbildung-do.de

www.kbs-dortmund.de

Regular offers for fathers

Fathers group with children up to 5 years

FABIDO Daycare Center
Humboldtstraße
Humboldtstrasse 61-63, 44137 Dortmund

Every Tuesday
16.30-18.00 (in summer)
17.00-18.00 (in winter)

Contact/Registration:

Ulrike Seifert, Tel. (0231) 50-2 82 50
Björn Nienz, b.nienz@googlemail.com

Fathers' Exchange

AWO day care center Burgholzstraße
Burgholzstrasse 148 a, 44145 Dortmund

Every Monday, 1:00pm-4:00pm

Contact/Registration:

Antonio Diaz
Tel. 0178 7 70 17 93, biff-do-09@gmx.de

Fathers group with children up to 2 years

Maternity Center
Hospitalstraße 6, 44149 Dortmund

Every Monday, 4:30-6:00pm

Contact/Registration:

Maternity Center
Anke Piepenstock, Tel. (0231) 2 22 10 50

Fathers Active

(exchanges, activities, excursions, etc.)

FABIDO Family Center Lünener Straße
Lünener Street 25, 44145 Dortmund
in cooperation with the Dortmunder Tafel

1 x a month (except vacations)

For dates, please contact:

Jonas Jost, Tel. (0231) 83 46 88,
jjost@stadtdo.de

Regulars' table

downtown

Miner kiosk

Hohe Wall 36, 44137 Dortmund

Every last Friday of the month, starting at

7:30 p.m. [Contact/Registration:](#)

Björn Nienz

b.nienz@googlemail.com

Regulars' table for single fathers

Maternity Center

Hospitalstraße 6, 44149 Dortmund

Every Wednesday, 3:00pm-

6:00pm [Contact/Registration:](#)

Maternity Center

Anke Piepenstock, Tel. (0231) 2 22 10 50

Regulars' table

Aplerbeck

In Aplerbeck in the "Ratskeller" or
in the "Zum armen Dorfwirt".

every 14 days tuesdays

[Contact via WhatsApp group](#)

If you are interested, please

contact: Ilja Zeidler, Tel. 0160 90

70 34 46

Info table for fathers at the "Parents Info

Day"

Dortmund City Hall, Bürgerhalle

Friedensplatz 1, 44135 Dortmund

1x a year in mid-June

[Contact/registration:](#)

Health Department

Uta Nagel, Tel. (0231) 50-2 36 57

Father Preparation

Course

Pregnancy counseling center donum vitae

Cemetery 4, 44135 Dortmund

Course with 6 x 2 hrs. for 6-10 participants

1.Course:

21.02./28.02./07.03./14.03./21.03./28.03.2017

2.Course:

05.09./12.09./19.09./26.09./10.10./17.10.2017

Each at 7.00 p.m.

[Contact/Registration:](#)

Family Office Innenstadt-West

Tel. (0231) 50-2 35 17

familienbueroinnenstadt-west@stadt.do.de

Dialogue seminars for

fathers

Maternity Center

Hospitalstraße 6, 44149 Dortmund

Dates can [be](#) found on the homepage

www.muetterzentrum-dortmund.de

[Contact/Registration:](#)

Family project

Johannes Schopp, Tel. (0231) 50-2 59 56

Grünbau GGmbH

Björn Nienz, b.nienz@googlemail.com

Exercise offer for fathers with children from 1 to 2,5 years old

In the district of Sölde

Please ask for exact location details.

Saturday mornings, 60 minutes each

[Contact/Registration:](#)

Family office Aplerbeck

Nicole Zeppenfeld, Tel. (0231) 50-2 93 09

nzeppenfeld@stadt.do.de

